Week Beginning 27th July 2026 & 3rd August 2026

Swim Timetable

Main Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Swim 06:30-09:45 (2 lanes only 9.00 - 9.45)	Adult Swim 06:30-09:00	Adult Swim 06:30-09:00 (2 lanes only 9.00 - 9.45)	Adult Swim 06:30-09:00	Adult Swim 06:30-09:45 (2 lanes only 9.00 - 9.45)	Swimming Lessons 08:00-11:30	Adult Swim 08:00-09:00
Halton Swim Club 6:30 - 8:00		Halton Swim Club 6:30 - 8:00				
Aqua Fit 09:00-09:45	General Swim + Lane Swimming* (*if available) 09:00-19:30	Aqua Fit 09:00-09:45	General Swim + Lane Swimming* (*if available) 09:00-18:45	Aqua Fit 09:00-09:45		Swim Fit 09:00-10:00
Adult Lane Swimming		Adult Lane Swimming		Adult Lane Swimming		
General Swim + Lane Swimming* (*if available) 09:45-19:30		General Swim + Lane Swimming* (*if available) 09:45-19:30		General Swim + Lane Swimming* (*if available) 09:45-20:00	General Swim + Lane Swimming* (*if available) 11:00-18:00	General Swim + Lane Swimming* (*if available) 09:00-18:00
				Hydro Session 12:00-13:00		
Swim Lessons 16:00 - 19:30	Swim Lessons 16:00 - 19:30	Swim Lessons 16:00 - 19:30	Swim Lessons 16:00 - 19:00			
			Aqua Fit 18:45-19:30			
			Lane Swim			
Halton Swimming Club 19:30 - 21:30 (Health Suite closed)	Aqua Fit 19:30-20:15	Halton Swimming Club 19:30-21:30 (Health Suite closed)	Adult Swim 19:00-21:30 (2 lanes only 19:00-19:30)	Halton Swimming Club 17:00-20:00		
	*Adult Lane Swimming		Halton Swimming Club 19:30-21:30			
	Adult Swim 20:15-21:30 (*2 lanes available 19:00 - 20:15)					

Sauna and Steam Room Opening Times	
	MONDAY 06:30-19:30
	TUESDAY 06:30 - 21:00
	WEDNESDAY 06:30-19:30
	THURSDAY 06:30-21:00
	FRIDAY 06:30-19:30
	SATURDAY 11:00-17:30
	SUNDAY 08:00-17:30

Gym Opening Times	
Monday - Thursday	**06:30-22:00**
Friday	**06:30-20:00**
Saturday - Sunday	**08:00-18:00**

Small Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Family Swim 10:00 - 11:45	Aquababes 09:30-10:00 10:00-10:30	Family Swim 10:00 - 11:45	Family Swim 10:00 - 14:00	Family Swim 10:00 - 11:45	Family Swim 13:00-17:00	Family Swim 09:00-17:00
Aquababes 12:00-12:30 12:30-13:00		Aquababes 12:00-12:30 12:30-13:00	Closed	Aquababes 12:00-12:30 12:30-13:00		
Swimming Lessons 13:00 - 14:30 16:00 - 19:30	Swimming Lessons 10.30 - 12.30 16.00 - 19.30	Swimming Lessons 13.00 - 14.30 16.00 - 10:15	Swimming Lessons 16:00 - 19:30	Family Swim 15:30-18:00		

Aqua babes- Babies and toddlers under 5 yrs and their parent / carer. Family swim - all ages welcome. Please note - during busy periods the pool will run on a banding system. During main pool swimming lessons, lane swimming may be reduced or unavailable. For a full breakdown of swimming sessions, please visit www.activehalton.co.uk/swim.

active halton | HALTON LEISURE CENTRE

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HALTON BOROUGH COUNCIL