

Swim Timetable

Main Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Swim 06:30-09:45 Halton Swim Club 6:30 - 8:00 Aqua Fit 09:00-9:45 General Swim + Lane Swimming 09:45-19:30 Swimming Lessons 16:00 - 19:00 Halton Swimming Club 19:30 - 21:30 (Health Suite closed)	Adult Swim 06:30-09:00 General Swim + Lane Swimming 09:00-19:30 School swimming 13:00 - 14:30 Swimming Lessons 16:00 - 19:30 Aqua Fit 19:30-20:15 Adult Swim 20:15-21:30 (*2 lanes available 19:00 - 20:15)	Adult Swim 06:30-09:45 Halton Swim Club 6:30 - 8:00 Aqua Fit 09:00-9:45 General Swim + Lane Swimming 09:45-19:30 School swimming 10:15 - 11:45 Swimming Lessons 16:00 - 18:30 Halton Swimming Club 19:30-21:30 (Health Suite closed)	Adult Swim 06:30-09:00 Halton Swim Club 6:30 - 8:00 General Swim + Lane Swimming 09:00-18:45 School swimming 09:30 - 11:45 Swimming Lessons 16:00 - 19:00 Aqua Fit 18:45-19:30 Adult Swim 19:00-21:30 (2 lanes only 19:00-19:30) Halton Swimming Club 19:30-21:30	Adult Swim 06:30-09:00 Halton Swim Club 6:30 - 8:00 Aqua Fit 09:00-9:45 General Swim + Lane Swimming 09:45-20:00 Hydro Session 12:00-13:00 Halton Swimming Club 17:00-20:00	Swimming Lessons 08:00-11:30 General Swim + Lane Swimming 11:00-16:00	Adult Swim 08:00-09:00 General Swim 09:00-16:00 Swim Fit 09:00-10:00 General Swim + Lane Swimming 10:00-14:00 General Swim 14:00-16:00 Halton Swimming Club 14:00-16:00

Gym Opening Times

Monday - Thursday	06:30-22:00
Friday	06:30-20:00
Saturday - Sunday	08:00-16:00

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aquababes 12:00-12:30 12:30-13:00	Aquababes 09:30-10:00 10:00-10:30	Aquababes 12:00-12:30 12:30-13:00	Closed	Aquababes 12:00-12:30 12:30-13:00 Family Swim 15:00-18:00	Family Swim 13:00-15:30	Family Swim 09:00-15:30

Please note, our health suite will close for deep cleaning at the following times:
 Monday - Thursday 21:00 - Friday 19:30 - Saturday - Sunday 15:00