

Swim Timetable

Main Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Swim 06:30-09:45 Halton Swim Club 6:30 - 8:00	Adult Swim 06:30-09:00	Adult Swim 06:30-09:45 Halton Swim Club 6:30 - 8:00	Adult Swim 06:30-09:00 Halton Swim Club 6:30 - 8:00	Adult Swim 06:30-09:00 Halton Swim Club 6:30 - 8:00	Swimming Lessons 08:00-11:30	Adult Swim 08:00-09:00
Aqua Fit 09:00-9:45	General Swim + Lane Swimming 09:00-19:30	Aqua Fit 09:00-9:45	General Swim + Lane Swimming 09:00-18:45	Aqua Fit 09:00-9:45		General Swim 09:00-16:00
General Swim + Lane Swimming 09:45-19:30	School swimming 13:00 - 14:30	General Swim + Lane Swimming 09:45-19:30	School swimming 13:00 - 14:30	School swimming 9:30 - 11:45	General Swim + Lane Swimming 11:00-16:00	Swim Fit 09:00-10:00
School swimming 10:15 - 11:45	School swimming 16:00 - 19:00	School swimming 10:15 - 11:45	School swimming 16:00 - 18:30	School swimming 16:00 - 19:00		General Swim + Lane Swimming 10:00-14:00
Swimming Lessons 16:00 19:00	Swimming Lessons 16:00 19:30	Swimming Lessons 16:00 18:30	Swimming Lessons 16:00 19:00	Swimming Lessons 16:00 19:00		General Swim 14:00-16:00
Halton Swimming Club 19:30 - 21:30 (Health Suite closed)	Aqua Fit 19:30-20:15	Halton Swimming Club 19:30-21:30 (Health Suite closed)	Aqua Fit 18:45-19:30	Halton Swimming Club 17:00-20:00		Halton Swimming Club 14:00-16:00
	*adult lane swimming					
	Adult Swim 20:15-21:30 (*2 lanes available 19:00 - 20:15)		Adult Swim 19:30-21:30	Halton Swimming Club 19:30-21:30		

Gym Opening Times	
Monday - Thursday	06:30-22:00
Friday	06:30-20:00
Saturday - Sunday	08:00-16:00

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aquababes 12:00-12:30 12:30-13:00	Aquababes 09:30-10:00 10:00-10:30	Aquababes 12:00-12:30 12:30-13:00	Closed	Aquababes 12:00-12:30 12:30-13:00	Family Swim 13:00-15:30	Family Swim 09:00-15:30
				Family Swim 15:00-18:00		

Please note, our health suite will close for deep cleaning at the following times:
 Monday - Thursday 21:00 - Friday 19:30 - Saturday - Sunday 15:00